



**Islamic Republic of  
Afghanistan  
Ministry of Public Health**

Disability and Rehabilitation Department  
(DRD)

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**Workshop on Achieving a Mine-  
Free Central Asia**

Victim Assistance

**Disability and Health**

- Inclusion of Disability & Rehabilitation in the health services

## Afghanistan Health System



- MoPH created the Basic Package of Health System in 2003 which is the foundation of Afghan health system to:
  - Improve access of the population to health services
  - Clearly delineate the services that should be provided by each type of PHC facilities
  - Serve the primary health care system of the country
- The Essential Package of Hospital Services created in 2005 to support the BPHS.

## Afghanistan Health Service structure



- National Hospital (NH)
- Regional Hospital (RH)
- Provincial Hospital (PH)
- District Hospital (DH)
- Comprehensive Health Clinic Plus (CHC+)
- Comprehensive Health Clinics (CHC)
- Basic Health Clinics (BHC)
- Health Posts (HP)

## Inclusion of disability in the health system



- In 2005 the BPHS was revised and seven working principles were identified for the MOPH
  - Disability became the 7<sup>th</sup> priority of BPHS which includes:
    - Awareness Raising
    - Prevention
    - Early detection
    - Treatment
    - Rehabilitation &
    - Referral

## National Disability Survey in Afghanistan



- The Prevalence rate of savoir disabilities is 2.7 %
 

● Physical disability	36.5%
● Sensorial disability	25.5%
● Mental disability	9.7 %
● Multiple disability	9.4 %
● Others	18.8%

## Disability is a focus area of MoPH based on:



- The policy of the MoPH is ***Health for all***
- Disability is a Human right issue
- Disability is a developmental issue
- Draft National disability legislation
- Afghan National Development strategy (Social protection)
- UN Convention for the Right of Person With Disability (UNCRPD)
- Commitment to the Afghanistan National Disability Action Plan (ANDP)

## Present position of disability and rehabilitation in the health services



- Right now disability and physical rehabilitation are part of the health strategies/policies and services
- To prevent disabilities, awareness raising, early intervention, treatment and referral is one of the most important part of the health services at country level

## Physical Rehabilitation



- Physiotherapy is well integrated in the DH, PH and RH level
- Very soon orthopedic technology will integrate in the EPHS on regional level.



## Services and capacity building



- In 2008 a total of 75,000 people with disabilities received physiotherapy services and 34,000 people orthopedic appliances through 14 orthopedic workshops and 90 physiotherapy clinics covering 28 provinces
- So far 350 head of clinics, CHS and 500 newly graduated doctors received standard training in trauma care, disability and physical rehabilitation
- Development of physical rehabilitation guideline, disability awareness & physical and psychosocial rehabilitation manuals

## **MOPH commitment toward disabilities**



- MoPH has strong commitment for implementation of its responsible parts of the National Disability Action Plan (ANDAP)
- Support the Afghan Physiotherapy Institute diploma level course to well trained 1000 physiotherapists to assist the health service provision system of MoPH

## **5. Barriers /Challenges**



1. Financial resources
2. Insufficient Disability Awareness
3. Low number of trained technical Human resources

