Community Based Rehabilitation in Afghanistan

Razi Khan Hamdard
Senior Physical Rehabilitation Advisor
CBR Network National Coordinator
MACCA/MoPH
July 2009

View of the 2nd National CBR Conference
November 2008
Definition of CBR

CBR is a community driven, community owned, community-based inclusive development strategy.

- CBR is a strategy within community development for the rehabilitation, equalisation of opportunities and social integration of people with disabilities *(UN, 1994)*

- It is achieved through the combined efforts of people with disabilities, their families, and communities and the appropriate health, education, vocational and social services
Alma-Ata 1978

- Health For All
- Fundamental Human Right
- Closer to people/community
- Socio-economic development
- Partnership with other sectors

![CBR Matrix Diagram](image-url)
Establishing Rights of Persons with Disability

Equal enjoyment of all human rights and fundamental freedoms

Rehabilitation, equalization of opportunities and social inclusion.

Why CBR

- Institutions are expensive
- Institutions require high tech. personnel
- Institutions are reaching only 2% of disabled population in developing countries
History of CBR IN Afghanistan

• CBR services started in 1990’s as a joint initiatives of the sister UN organizations

• Implemented mainly by International and National NGOs

• Started as part of emergency assistance Poverty eradication

• CBR programmes were developed with basic, but quite comprehensive home-based rehabilitation services; later Community Rehabilitation and Development Centres – CRDCs – were developed in villages.

• Educated village people were recruited as community rehabilitation workers to do surveys and register people with disabilities in villages and to provide basic training for children with disabilities.

• In addition there are local physiotherapy clinics related to CRDCs or basic health clinics.

• CBR programmes also have their own representative mechanisms, such as CBR committees.
Coverage of the CBR Services

- Currently the CBR services are available in 16 provinces out of 34.
- Covering more than 2500 villages and 85 Districts.
- More than 200 trained community rehabilitation and developmental workers are implementing the CBR strategy in the country.
- More than 1000 community volunteers are directly involved in the rehabilitation process.
Response of Government to CBR

- They like the concept
- They Support it
- They have believe and trust
- CBR is Included in the ANDS
- CBR is an important component of the ANDAP

Service delivery location

- Home
- Community
- Health Centers
- Educational institute
- Vocational Rehab Centers
- CRDC
Who are involved in the rehabilitation service provision

- PWD itself
- Family of PWD
- Community Members
- Health workers
- NGO staff
- Craft people
- Traders
- Elders and religious leaders
- Media
Second:

Afghanistan CBR Network

CBR Network established in 2006 with the full support and agreement of:

✓ Government
✓ International and national NGOs
✓ UN offices (UNMACCA and UNDP)
✓ (DPOs)
Goal:

Coordination of the CBR activities and initiatives in the country with close cooperation with the stakeholders involve including the south Asian and Asia Pacific CBR Networks and other institutions.

Objectives:

• To promote and develop the CBR – concept in Afghanistan.

• To coordinate and streamline CBR initiatives and activities in the country

• To share and better utilize the existed available Human expertise and financial resources

• To standardize and unified the vision of the CBR approach

• To better advocate and lobby for the recognition and implementation of the CBR Concept
• Currently the network is informal and not registered

• The development of a charter for the Network is under the process

Working Mechanism

Afghanistan CBR Network have the following members

1. Government:
2. International NGOs
3. National NGOs
4. DPO’s
• Afghanistan CBR Network has regular monthly meeting.

• All the members actively participate in the meeting

• Based on the needs we also create small working groups for specific tasks.

Achievements

1. **Coordination/Policy level**
   - Organized 2 national CBR conferences in the Country (2006-8)
   - Unified and compiled all the training and resource materials.
   - Organized exchange visit of the CBR Stakeholders from each other program’s
   - CBR Taskforce established
   - Brining new stakeholders to adopt their programe in line with the CBR Approach.
2. Training and Capacity development

CBR Network and external consultant conducted a study in regard to CBR training need assessment for the following objectives:

- To assess the present training of the main CBR programmes
- To define some best practices that are currently taking place in CBR training.
- To get an overview of recent development trends in the CBR programmes.
- Define main needs for training of CBR staff and volunteers
Challenges

• Weak Government contribution and involvement in CBR and in the network.

• Development and recognition of national CBR strategy for the Country.

• Make CBR more sustainable and visible to the community and to the government

• Inclusion of the CBR Strategy in the line Ministries general strategies.

5th South Asian CBR Network Conference

• The 5th regional South Asian CBR Network conference will be held in October 5-7, 2009 in Kabul,

• The conference will be not limited to the SARC Countries
Them and Objectives of the Conference

The role of Community Based Rehabilitation in empowering women and children with disabilities

Objectives:

• To strengthen ways of empowering people with disabilities through CBR, with a particular focus on women and children.
• To share regional initiatives and achievements in CBR across the South Asian regional network
• To share experiences of CBR within the context of Afghanistan
• Promote the importance of the implementation of the Convention of the Rights of Persons with Disabilities (CPRD)

The website is  www.cbrnetwork.af

Contact address:

  rhamdard@unmaca.org
  n.coordinator@cbrnetwork.af
  secretariat@cbrnetwork.af
Thank You

تشکر
مننه