



PHYSICAL MEDICINE AND REHABILITATION IN SERBIA



HISTORY

- The history of the Physical Medicine and Rehabilitation in Serbia begins with **balneotherapy** in spa and spring resorts in **ancient period**.
- There are more than **300 hot springs resorts** in Serbia.
- The first Spa Clinic in Serbia was founded in **1868** in Vrnjacka Banja.
- After the First World War was found "Ortopedski zavod" - "**Orthopaedic Institute**" in **march 1919**. (after 1945. "Rudo").
- In **1930**, in Main Military Hospital, Belgrade of the Kingdom of Yugoslavia started to work in the Department of Rentgenology new **Department for Physical Therapy**.
- **The Institute of Physical Medicine and Rehabilitation Serbia** was founded in **1953** using the model of Rusk Institute in New York.



HEALTH SYSTEM

All persons (and all landmine survivors) covered with State Health Insurance in Republic of Serbia are enclosed with in the system of health care on all levels:

- Emergency medical care
- Treatment
- Physical therapy and rehabilitation
- Supplying with P&O aids
- In every day practice they are covered with basic level treatments and P&O aids.



The patients needs for physical medicine and rehabilitation treatments in Serbia covered through the system following institutions:

- the departments of physical medicine and rehabilitation in **Clinical Centres** in Beograd, Novi Sad, Nis, Kragujevac and in **Military Hospitals**;
- the wards of physical medicine and rehabilitation in all **General Hospitals and Orthopaedic hospitals**;
- the ambulance and outreach services of physical medicine and rehabilitation in **Primary Health Centres**;
- the in and out departments of physical medicine and rehabilitation in **spas**;
- the outreach services of physical medicine and rehabilitation in **Institutes for geriatrics and chronicle diseases**;
- the **orthopaedic workshops**,
- the ambulances, outreach services and hospitalisation in **private clinics** (not covered with state insurances).



EDUCATION

All members of physical medicine and rehabilitation team need an **adequate and permanent education, recognized by the state.**

The **system of education** through the high schools, colleges, faculties, postgraduate studies, continuous education... for nurses, therapists, social workers, psychologists and others members of rehabilitation team is well organized and functioning recognized by the state.

The **distance learning school for prosthetics and orthotics technicians** is established in the Specialized hospital for rehabilitation and orthopaedic prosthetics in Belgrade. The process of its recognition is going on.



CONCLUSION

- As in last period Serbia has suffered from the economic hardship caused by transition period and now the level poverty is increasing even more because of the global economic crisis, the state health insurance started with rationalization in its programs.
- Generally speaking the world population is getting older and the **NEEDS** of people for rehabilitation is **GROWING**.



- All activities in physical medicine and rehabilitation is aimed to rise the functional level of persons with disabilities, up to the point when they will become equal citizens, who enjoy all their rights and share responsibilities.
- So, that means, that we are in need to find new funds, that will help us to sustain and develop the achieved level in physical medicine and rehabilitation,

NOT ALLOWED THEM FOLLOW DOWN!!!